

TAKE TIME JUST TO BE



**Come to the
Provincial Retreat**

**Tuesday to Thursday
8th–10th April 2025**

Theme:

**Arts, Health and Spirituality:
*A Trinity for Physical
and Mental Well-being***

Leader:

Revd. Lara Dose

Rector of Holy Trinity, Dunfermline

**at St Mary's Monastery
Hatton Road
Kinnoull, Perth**

Cost: £235 - full board per person

More information and online application form:

<https://muscotland.org.uk/Retreat.htm>



Mothers' UNION
Christian care for families
Province of Scotland

Scottish Charity
No. SC036459